KI2MOTION

## GROW WITH THE FEOW SUMMER JOURNEY

## Grow, Nourish, Connect

Healthy Living Tips & Inspiration • 8 Weeks of Personal Growth •Nourishing Recipes

## JUNE 29-AUGUST 24

Invite fun into your routine as you nourish yourself while going with the flow this Summer. Support your life balance as you nourish yourself physically, mentally & spiritually.

Support each other as you grow, learn & connect in an online community. RSVP to Michelle's email, scan the QR code, or visit ki2motion.com for more information!

**\$120** 



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